

LIFE SKILL WORKSHOPS

For Young Adults 16-25yo

- **WHEN:** Tuesday, January 18th
6:00-7:30pm

- **WHERE:** Boone County
Family Resource
@ 1209 East Walnut

- **TOPIC:** “*Know the Facts*”

Youth Health Educator Stephanie Washington will lead a discussion about safe sex practices and HIV prevention while providing facts about common STDs. Hear how you can keep yourself safe!



FREE Life Skill classes to help prepare young adults to make positive choices and live healthy, self-sufficient lives. If you are between the ages of 16 and 25 and struggling to “make it on your own”, these classes are for you! Workshops are facilitated by specialists in the community and sponsored by Rainbow House/Sol House. Free Refreshments provided!

***To participate in Rainbow House
Life Skill Workshops:***

Call 573-449-0182 or email:
hwindham@rainbowhousecolumbia.org

