

# LIFE SKILL WORKSHOPS

## *For Young Adults 16-25yo*

- **WHEN:** Tuesday, July 19th  
6:00-7:30pm
- **WHERE:** Boone County  
Family Resource  
@ 1209 East Walnut
- **TOPIC:** “*Know the Facts*”  
Dana Hughes from Columbia/Boone County Public  
Health & Human Services will facilitate a discussion  
about STD and HIV prevention.



FREE Life Skill classes to help prepare young adults to make positive choices and live healthy, self-sufficient lives. If you are between the ages of 16 and 25 and struggling to “make it on your own”, these classes are for you! Workshops are facilitated by specialists in the community and sponsored by Rainbow House/Sol House. Free Refreshments provided!

***To participate in Rainbow House  
Life Skill Workshops:***

Call 573-449-0182 or email:  
[hwindham@rainbowhousecolumbia.org](mailto:hwindham@rainbowhousecolumbia.org)

