

PARENTING WITH LOVE & LIMITS

Starting Thursday, March 10, 2011 from 5:30 –7:30 p.m.,
at Rainbow House, 1611 Towne Drive, Columbia, MO | 6 week class

Steps to Parenting Your Out of Control Teen is a six week course designed to give parents simple and practical techniques to manage difficult teen behavior. In this course, you will begin to understand reasons behind your teen's misbehavior, learn about effective contracts to stop such behavior, end button-pushing and power struggles, and start to reclaim lost love within your family. If you are a parent of a teen who frequently displays defiant, disruptive, and/or aggressive behaviors, this workshop is for you!

Contact Andrea at Rainbow House to register for class | 573.449.0182

