

**Is your teen *out of control*? Tired of power struggles?  
Want to regain peace in your family?**

*Rainbow House presents...*

# **PARENTING WITH LOVE & LIMITS:**

***7 Steps to Parenting Your Out of Control Teen***



**WHAT IS IT:** 6 WEEK PARENTING PROGRAM focused on how to parent DIFFICULT TEENAGERS while reestablishing authority and reclaiming respect and love.

**WHERE:** Rainbow House-1611 Towne Drive

**WHEN:** Meets Thursdays 5:00-7:00 pm. Next class starts August 12, 2010

**FOR WHO:** Parents who are dealing with teens and pre-teens who frequently display defiant, disruptive, and/or aggressive behaviors.

**ISSUES ADDRESSED:** “Parenting with Love & Limits” helps parents understand reasons behind misbehavior, create effective contracts to stop such behavior, end button-pushing and power struggles, troubleshoot future problems, and reclaim lost love within the family.

**COST:** Each class is \$15 per family x 6 classes = \$90 (sliding scale is available upon request; **No one** will be turned away due to inability to pay.)

**HOW TO APPLY:** RSVP by calling Joshua Hulen, LPC @ 573-449-0182 for an intake.