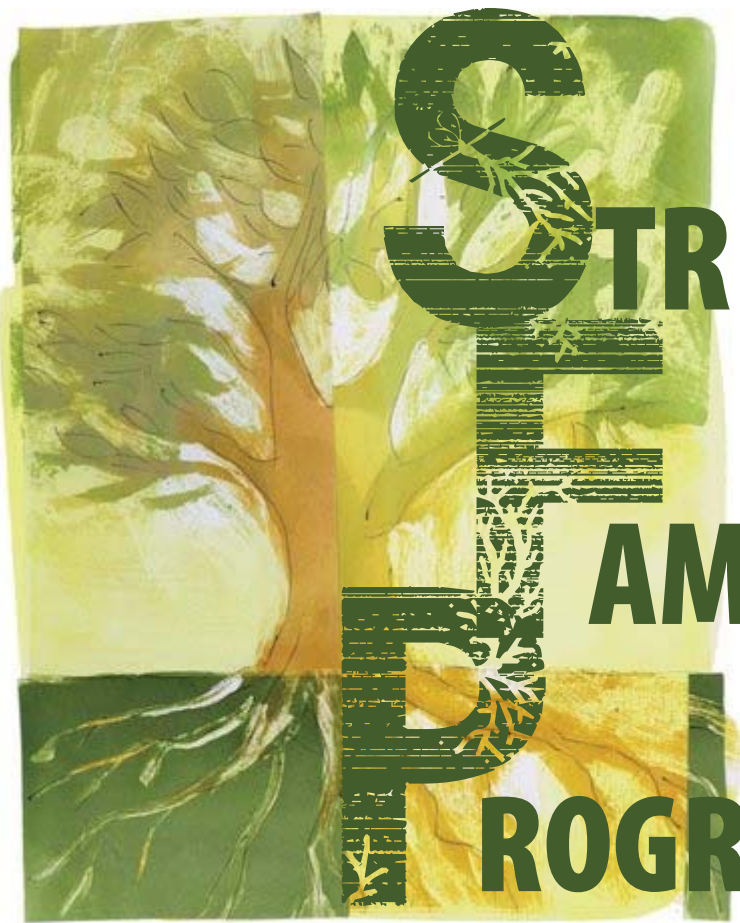


RAINBOW HOUSE PRESENTS



**STRENGTHENING
FAMILIES
PROGRAM**

For Parents and Youth (Ages 10-14)

**7 classes (one per week), \$10 per week
Every Wednesday, begins September 15, 5:00–7:00 p.m.,
at Memorial Baptist Church (1634 Paris Road, Columbia, MO)**

**Pre-registration required
Scholarships available**

***For more information or to register,
contact Kristi at: 573. 474.6600***

The Strengthening Families Program (SFP) is designed for parents or caregivers and their children (ages 10-14). The purpose is to **help parents build on their strengths in showing love and setting limits, youth to develop skills in handling peer pressure and build a positive future, and families to build strong family relationships.** Research shows that protective parenting improves the relationship between parents and youth and decreases the level of family conflict, contributing to lower levels of substance use and other problematic behaviors.

This program has been recognized by the National Institute on Drug Abuse, the Office of Juvenile Justice and Delinquency Prevention, and the U.S. Department of Education. This evidenced-based curriculum is provided by Iowa State University Extension.

